

Sermon Notes | June 28, 2026

Philippians 4:2-9

"Living Under God's Peace"

Guest Speaker: Pastor David Park (Promise Church OC)

Theme: Peace that Surpasses Understanding - What are you trusting?

Discussion Questions | June 28, 2026

Getting Started

1. From the sermon or your direct reading of Philippians 4:2-9, what surprised encouraged or challenged you?
2. According to Philippians 4:6–7, what does Paul tell believers to do instead of being anxious?

Digging Deeper

3. What promises does Paul give to those who bring their requests to God with prayer and thanksgiving? What are some reasons that make it difficult to trust in these promises?
4. Paul says God's peace "surpasses all understanding." Have you ever experienced peace from God during a difficult season that didn't make sense given your circumstances? What happened?

Living It Out

5. How would trusting in the promises mentioned in the passage reshape your prayers? What is one way you can cultivate trust in God's promises so you can experience the peace that surpasses all understanding?